

## Fancy becoming a Mentor?

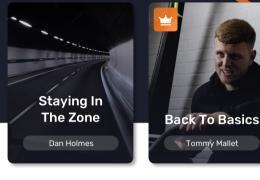
Jason Fox's
Mindset

Jason Carl Fox





Hello and welcome to MENTOR360. We would like you to join us on our journey to have a positive impact on the current mental health crisis.



## **How Can You Help?**

Mental Health is a major problem and it's only going to get worse. There needs to be large scale intervention. People look up to you. As mentors you can help guide people through some of their most toughest challenges. You are an influencer, you have an opportunity to make a positive difference. Your impact could be immeasurable.

We would like you to pass on your life experiences and coping strategies / techniques through the app to the masses. **Have you got the formula?** 

## The Way Forward

As a MENTOR360 ambassador, the requirements are:

- **30 minute phone call interview** with a health professional (psychologist) to examine the ways you deal with your mental health (this will be used on the app as your formula).
- Up to a day of your time to partake in filming/photographs which will be used for marketing and advertisement on the app.
- Social media presence (requirements to be discussed).

## **Get In Contact**

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